

Your Team Will Make A Difference!

Team Information

Calling all corporations, departments, workers, families and friends:

Why not form a team for the 8th Annual Father's Day 5k/10k Run/Walk or 1 Mile Promenade Fun Walk? The minimum number needed is just **four** people. **You can run, walk or volunteer at the race and still be part of a team.**

The Team Roster needs to be completed and returned by June 1st. All team members **must** complete an **individual race application**. All forms may be copied and sent in together.

There are trophies for the top three teams and participation awards for all teams who show up.

You can run or walk or volunteer, "In Honor" or "In Memory" of a loved one, just indicate your choice on the Team Roster form.

Send a Team, Save a Life!



**Father's Day
5k/10k Run/Walk
Fun Walk**
Prostate Cancer Education,
Awareness and Early Detection

QUESTIONS? Please call 412-572-6830 for more information.

Team Roster

Can be **IN HONOR OF** or **IN MEMORY OF** someone if desired

Please send all registration forms and checks in together. Mail team roster, checks and apps in by June 1st to: Obediah Cole Foundation, PMB 352, 4017 Washington Road, McMurray, PA 15317

Team Captain Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Team Name: _____ Phone: _____

NAME	Participation (circle one)			
	10k Run /Walk	5k Run	Fun Walk	Volunteer
1. _____	●	●	●	●
2. _____	●	●	●	●
3. _____	●	●	●	●
4. _____	●	●	●	●
5. _____	●	●	●	●
6. _____	●	●	●	●
7. _____	●	●	●	●
8. _____	●	●	●	●
9. _____	●	●	●	●
10. _____	●	●	●	●
11. _____	●	●	●	●
12. _____	●	●	●	●

Each team member MUST complete an Individual Race Application

Team packets can be delivered to team captains. Call 412-572-6830

Number of "IN HONOR" Bibs _____

Number of "IN MEMORY" Bibs _____

Number of PLEDGE FORMS _____

**Team Awards:
1st, 2nd and 3rd
Place Trophies**

**Team Participation
Award for Volunteers,
Walkers or Runners!**

Online Pledge Program available at www.active.com & www.fathersday5k.com

Send pledge forms and checks (NO CASH) to: Obediah Cole Foundation for Prostate Cancer PMB 352, 4017 Washington Rd., McMurray PA 15317. Please send one check for the total. Return by June 1st Thank You.

THIS FORM CAN BE DUPLICATED

Thank You for your support!
Jerry Livingston, Race Founder/Director

Donation Form

PLACE
STAMP
HERE

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

DONOR NAME	AMOUNT
1. _____	\$ _____
2. _____	\$ _____
3. _____	\$ _____
4. _____	\$ _____
5. _____	\$ _____
TOTAL	\$ _____

Send completed forms and checks (NO CASH) to:
Obediah Cole Foundation PMB 352, 4017 Washington Rd.
McMurray PA 15317.
Please send one check for the total. Return by May 30, 2010
THIS FORM CAN BE DUPLICATED

Donation Forms

Please consider being sponsored in this year's Father's Day events. **Participation awards for top 3 teams.**

Team Form

We invite all corporate and family/friend teams to participate in this year's race events. Come out as a group and enjoy the events. Teams can include volunteers, runners or walkers.

Team Captain: _____

Phone: _____

Email: _____

Registration forms available online at:
www.fathersday5k.com or
OBColeFoundation.org


Obediah Cole Foundation
FOR PROSTATE CANCER
Father's Day 5k/10k Race
PMB352 • 4017 Washington Road
McMurray, PA 15317-2520



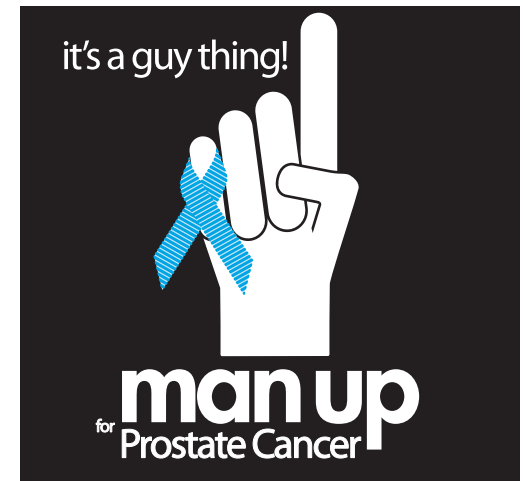
Obediah Cole Foundation
FOR PROSTATE CANCER

Prostate Cancer Education, Awareness & Early Detection

8TH ANNUAL FATHER'S DAY

5K/10K RUN/WALK
Promenade Fun Walk

Team Roster



June 20, 2010
River Front Park
Heinz Field Gate A
8:00 am

FOR MORE INFORMATION:

Phone 412/572-6830

Visit: www.fathersday5k.com

www.obcofoundation.org

OR www.active.com (select fathersday5k)

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